## Dr. Julia Overstreet

Podiatric Physician and Surgeon – Wound Care Specialist 4 – 168<sup>th</sup> Ave NE Bellevue, WA 98008 (425) 223-5173

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## Re: Abigail Dagmar Pyeatt

To Whom It May Concern,

I would like to take this opportunity to send my highest recommendations for high risk foot care services to be provided by Abigail Pyeatt. I had the pleasure of working with her in my advanced training course. This is a mix of didactic and hands-on classes which provided extensive experience in the following:

- 1. Recognizing high risk foot conditions such as vascular, neurologic and biomechanic pathologies;
- 2. Understanding appropriate clinical referral pathways to assure that the patients receive any medical care which may be necessary based on the physical exam findings;
- 3. Extensive hands-on practice debriding (trimming) thickened, misshapen toenails and calluses;
- 4. Training in the evaluation and procedures to provide the most appropriate care;
- 5. Appropriate infection control protocols including instrument disinfection, prevention of cross contamination, lesion cleansing and bandaging, patient and provider safety;
- 6. The importance of patient and caregiver education about any pathologies or issues discovered during the exam and treatment.

Abigail performed extremely well in all areas of the training. She demonstrated knowledge of physical exam findings and performed all hands-on nail and callus debridement (trimming) with great judgment and skill. Her patient interaction skills were also excellent. She had good rapport with all of her patients and effectively communicated with them and educated them during the visits.

I strongly believe that she would be a great asset in any setting requiring safe and medically appropriate toenail and callus care for all patients. And she is particularly qualified to provide this care to seniors with high risk foot conditions such diabetes or peripheral vascular disease. Please feel free to contact me directly if I can answer any questions about this training and skills. I know that she will be a great asset to your patients and loved ones

Sincerely,

Dr. Julia

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**Director, Rainier Medical Education Programs**